



We are a Good Sports club

HEALTHY EATING

Sporting clubs such as ours play a significant role in the community and have a responsibility to our members and their families. We have chosen to join over 9000 clubs across Australia taking part in the Good Sports program. Through Good Sports we are committed to managing alcohol responsibly and ensuring smoke free areas, which we believe will help us to provide a healthy, safe and family friendly environment.

We believe it's important to offer healthy choices and educating our children and club about the benefits of better food and drink while addressing the harms of eating fatty and sugary junk foods.

Many canteens prominently feature unhealthy food and drink options such as fried chips, pies, chocolate and soft drink. There are numerous healthy options and as a Good Sports accredited club we are committed to greater nutrition.

MANAGING ALCOHOL – SMOKE FREE AREAS

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TACKLING ILLEGAL DRUGS

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We are also part of the **Tackling Illegal Drugs** program, which provides community-sporting clubs with information and expert support to best prepare for potential drug-related issues.

Through the program, our club has developed and implemented an illegal drugs policy, which sets clear guidelines on how we respond to an illegal drug issue in a fair and appropriate manner.