

Around the globe soccer is played in almost every imaginable weather condition including snow! Parents and children can expect training to be cold, wet, windy, and miserable at times. Sometimes, the weather may be extremely hot, humid, and uncomfortable in summer.

Please consider the following guidelines:

• Training will not be cancelled except under extreme weather conditions such as hail and lightening. The ultimate decision for cancellation rests with the club who will consider the health and safety of the participants. On extremely hot, windy, or rainy days, the duration of training sessions may be shortened (or cancelled outright) at the discretion of the club. Any cancellations will be advised via Team App.

• For children 12 years of age or younger, there should be always at least one parent or guardian in attendance. This is because the coach can shorten group training sessions at their discretion in case of foul weather or other reasons.

• Council May communicate with the club restrictions on training due to heavy rainfall to help with ground preservation. If this occurs it will be communicated via team app.

• During cold weather participants should dress warmly. Gloves, beanies, water-proof jackets, soccer boots (preferably not runners), tracksuits, warm clothes, etc. should be worn by participants. On rainy days parent should also bring a towel and dry change of clothes for their children after the training.

• During hot weather participants should dress appropriately and come prepared. Caps, sunscreen, lip protection, long sleeve shirts, etc. should be worn by participants.

• Parents should always ensure their children have plenty of drinking water with them at every training session. This includes winter training sessions where dehydration can just as easily occur.